



# PSHCE Policy

“LET YOUR LIGHT SHINE”  
MATTHEW 5:16

Personal, social, health, emotional and citizenship education enables children to become healthy, secure, independent and responsible members of society. At Barton St. Peter's Primary School pupils are encouraged to play a happy and positive role in contributing to the life of the school and the wider community.

In doing so, this helps to develop their sense of self worth, enabling children to value their own achievements. They are taught how society is organised and governed and they experience the process of democracy in school through the school council. The pupils learn about their rights and responsibilities.

The school promotes British values through PSHCE. Children are taught about:-

- The rule of law
- Democracy
- Mutual respect and tolerance
- Individual liberty

The pupils learn how to deal with choices and risks, and to meet the challenges that life may present, including the use of social media and the internet and the risk of online radicalisation. They learn to appreciate what it means to be a positive member of a diverse multicultural school and wider society. It helps them to identify their values and work to live up to them.

### **Aims and Objectives**

The objectives of PSHCE are to enable the children to:

- Know and understand what constitutes a healthy lifestyle.
- Be aware of ways to recognise and manage risk, making safer choices.
- Understand what makes for good relationships with others.
- Be independent and responsible members of the school community.
- Develop good relationships with other members of the school and the wider community
- Be positive and active members of a democratic society and respect the rule of law.

- Promote mutual respect and tolerance for the diverse national, regional, religious and ethnic identities in the U.K.
- Develop their self-awareness and ability to understand and manage their experiences and feelings.
- Develop their self-confidence and self-esteem and self-awareness to make informed choices regarding personal and social issues.
- Make positive choices regardless of any peer pressure.
- Develop positive character traits such as resilience and determination in order to develop ways of resisting pressures, including when and where to get help.
- Build pupils' resilience to radicalisation by promoting fundamental British values.
- Provide a safe place in which children and young people can understand risks and develop the knowledge and skills to enable them to challenge others' views.
- Provide a safe environment for exploring and debating sensitive and contentious issues.

### **Approaches to Teaching and Learning**

We use a range of teaching and learning styles and encourage the children to discuss issues. The school is involved in a range of practical activities that promote active citizenship, e.g. charity fund raising, the planning of school special events such as an act of worship or class production. We offer children the opportunity to hear visiting speakers, such as health workers, police, and representatives from a range of faiths. These people are invited into school to talk about their role in creating a positive and supportive local community.

We teach PSHCE in a variety of ways. Each class will have some direct teaching time, but much more of the work is ongoing throughout the day and encompassed in other areas of work. PSHCE is happening at all times throughout the school day. The personal and social development of young people is the responsibility of all members of the school staff.

Every member of staff is regarded as delivering aspects of the PSHCE curriculum, including teaching assistants, clerical staff and mid-day supervisors.

## **PSHCE in the Early Years and Foundation Stage**

PSHCE is referred to as P.S.E.D. (Personal, Social and Emotional Development)

It is a Prime Area in the EYFS curriculum. The aspects include:-

- Self-confidence and self-awareness
- Managing feelings and behaviour
- Making relationships

It is also covered through the Prime Area P.D. (Physical Development). This aspect covers:-

- Health and self-care

PSHCE is about making connections and is strongly linked to play. PSHCE is taught through activities that are part of topics, as well as on an individual basis to develop personal skills such as dressing, feeding and toileting. Positive experiences are built through daily opportunities to share and enjoy a range of different activities.

## **Key Stage 1 and Key Stage 2**

During KS1 and KS2 learners build upon the skills, attitudes and values, knowledge and understanding they began to acquire in EYFS. PSHCE offers learning opportunities and experiences which reflect their increasing independence and physical and social awareness. They learn skills to develop effective relationships, assume greater personal responsibility and keep themselves safe.

In line with the North Lincs Spiral Curriculum (appendix 1), a wide range of personal, social, health, emotional and citizenship issues are covered throughout every year group in the school, including:

- Feelings and emotions
- Relationship and sex education
- Drugs, alcohol and tobacco
- Healthier Lifestyles

- Safety and managing risk (including e-safety)
- Careers and economic wellbeing
- Identity, society and equality (including bullying and LBGTQ+)

Where not directly taught as a discrete subject, PSHCE is taught in the following cross-curricular areas:

- Literacy - enquiry/communication skills; stories illustrating aspects of PSHCE (myths and fables); persuasive writing; letter writing (complaint)
- Numeracy - aspects of financial capability; probability; problem solving
- Science - drugs/medicines; healthy lifestyles; safety issues and care of the environment.
- Design and technology - health and safety; healthy eating; accounting for people's needs; generating ideas; use of technology.
- ICT - communication using the Internet, checking for appropriateness/relevance of sources, use/misuse of ICT. It is useful for children to record their learning and performances as they develop using digital cameras and iPads.
- History - use of resources; reasons for/results of historical events; situations and changes within societies; significant people, events, ideas and experiences from the past.
- Geography - environmental issues; land use; locality studies; comparing localities.
- Art - reflecting on/responding to ideas and experiences through works of art, craft and design from different times and cultures.
- P.E. - health and safety; development of social and personal skills through team/individual activities; games and sports.
- Music - fully realising musical abilities; valuing the expression of cultural diversity.
- RE - moral beliefs values and practices that underpin and influence personal and social issues and relationships.

Opportunities for cross curricular links between PSHCE and the core and foundation subjects are identified and highlighted in the medium term planning as appropriate.

PSHCE in the wider school context.

At Barton St. Peter's we believe that the effective teaching of PSHCE will show in the attitudes and behaviour of our pupils towards each other and in the way they conduct themselves both at school and when we are off site.

Throughout the school year, events and activities enhance aspects of PSHCE as follows:

Children are chosen to be 'Playground Buddies' and have an input into the activities organised in the lunch hour by our Play Supervisor

In Key Stage 2, we offer a residential visits. The programme focuses on developing pupils' self-esteem and gives them opportunities to develop leadership and co-operative skills.

The School Council meets on a regular basis to discuss and resolve issues identified by the children. School council members are elected in years 5 and 6 from each house, by secret ballot at the beginning of the academic year. Each council member wears a school council badge. The council members meet at least once per term, with the Head teacher to discuss issues relating to school life and the wider community.

Children take part in a variety of national events eg. World Book Day, Anti-bullying Week, Sports Relief, Comic Relief etc.

### **Teaching PSHCE to children with special needs**

PHSCE is accessible to all children at our school. Our teachers provide learning opportunities matched to the individual needs of children with learning difficulties and communication needs.

When teaching PSHCE we take into account the targets set for the children in their Individual Education Plans (IEPs), where appropriate.

Children are challenged in all lessons of either direct or indirect PSHCE teaching.

More able pupils will be encouraged to take responsibility, develop leadership skills, think creatively and use their talents for the good of the school and

wider community e.g. school council, sports ambassadors, road safety officers, eco club representatives etc. Equality of Opportunities

Discrimination is challenged whenever it arises, whether it is on the grounds of race, gender, class, disability or religion. There is a need to examine all our practices to ensure that they promote equality of opportunity as it is not always apparent that discrimination is present.

### **Planning**

All teachers teach PSHCE in each class. It is planned for at long, medium and short-term levels. The school follows the North Lincolnshire Spiral curriculum enabling the school to fulfil its legal requirements.

### **Assessment and Recording**

The personal nature of PSHCE education means that we do not formally assess pupils, however there are opportunities for pupils to reflect on their progress. It is inappropriate to assess pupil's values. Teachers assess the children's work in PSHCE by:

- Observing paired, group and class discussions during lessons.
- marking children's work
- discussion with individual pupils

We have clear expectations of what pupils will know, understand and be able to do at the end of each key stage.

This PSHCE policy should be read in conjunction with the following policies:

Anti-Bullying Policy

Drug Education

E-safety Policy

P.E. Policy

R.E. Policy

Relationship, Sex and Health Education





