



## RSHE Curriculum Plan – Relationships

Strand	EYFS / Key Stage 1	Key Stage 2
<b>Family</b>	<ul style="list-style-type: none"> <li>• Pupils can talk about the people who care for them and give them love, and the things that they do to share that care. ( PSHCE )</li> <li>• Pupils can talk about the ways that they might show that they enjoy being in their families. ( PSHCE )</li> <li>• Pupils can show that they understand that different people have different kinds of families. ( PSHCE )</li> <li>• Pupils can talk about what is the same across all families. ( PSHCE )</li> <li>• Pupils can tell you who they might go to for help if they feel unsafe or unhappy in their family. ( PSHCE )</li> </ul>	<ul style="list-style-type: none"> <li>• Pupils can explain that caring relationships are a key feature of positive family life and can describe the different ways in which people care for one another.</li> <li>• Pupils can discuss and evaluate the different ways that they can show appreciation to those who care for them.</li> <li>• Pupils can explain why it is important to recognise and give respect, that there are different types of family structure (including single parents, same-sex parents, step-parents, blended families, foster parents, multi-generational families). (PSHCE, Big Talk Education)</li> <li>• Pupils can demonstrate that they recognise shared characteristics of healthy family life, (commitment, care, spending time together, being there for each other in times of difficulty etc). (PSHCE, Big Talk Education)</li> <li>• Pupils can explain how to recognise if family relationships are making them feel unhappy or unsafe, and can show that they know how to seek help or advice.</li> </ul>



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<b>Friendship</b>	<ul style="list-style-type: none"> <li>• Pupils can describe what a good friend is like. (PSHCE)</li> <li>• Pupils can talk about how someone can show kindness to someone who is a friend in a way that they will like. (PSHCE)</li> <li>• Pupils can describe how to recognise if someone is lonely; can talk about ways in which people can show kindness to someone who is not their friend and try to include them in a game or activity. (PSHCE)</li> <li>• Pupils can talk about what you can do if you fall out with your friend. (PSHCE)</li> </ul>	<ul style="list-style-type: none"> <li>• Pupils can describe what makes a good friendship, including trust, truth, respect, loyalty, kindness, generosity and shared interests. They can explain why it is important to welcome people who others might leave out and to make efforts to understand and enjoy people who are different to them. (PSHCE)</li> <li>• Pupils can talk about the ways in which friends can cope when there are fallings-out and can describe how someone can make peace again and not resort to violence. (PSHCE)</li> <li>• Pupils can give examples of how someone can think carefully of the needs and preferences of the other person in their friendship or family and how they might make them happy and listen to their choices. (PSHCE)</li> <li>• Pupils can describe what it means to have high expectations in friendships and family, and list some of the behaviours that should never be acceptable. (PSHCE)</li> </ul>
<b>Relationships and Marriage</b>	n/a	<ul style="list-style-type: none"> <li>• Pupils can explain that marriage is a formal and legal commitment which is intended to be lifelong.</li> </ul>



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		<ul style="list-style-type: none"> <li>• Pupils will be able to give examples of positive long-term relationships that bring joy and meaning to those involved.</li> <li>• Pupils can explain the benefits of strong life-long relationships: they are good for people, through relationships people have fun, they learn who they are, how to be less selfish, how to think of others and learn about forgiveness.</li> <li>• Pupils can explain the significance of special ceremonies and rituals of promises that mark marriage (in the Christian tradition and at least one other faith tradition or worldview). (RE)</li> </ul>
<p><b>Anti-bullying</b></p>	<ul style="list-style-type: none"> <li>• Pupils can describe what bullying is, the different kinds of bullying and why it is hurtful. (PSHCE)</li> <li>• Pupils can talk about where to go for help if they are bullied. (PSHCE)</li> <li>• Pupils can talk about why it is good to be kind to people. (PSHCE)</li> <li>• Pupils can talk about how you might support someone who has been hurt because someone has been unkind to them. (PSHCE)</li> </ul>	<ul style="list-style-type: none"> <li>• Pupils can show understanding about the different types of bullying that people can encounter. (PSHCE)</li> <li>• Pupils can describe how to be safe on the internet and how to avoid cyberbullies and cyberbullying. (PSHCE, computing)</li> <li>• Pupils can explain what stereotyping is and how bullying can be damaging for someone.</li> <li>• Pupils can explain how people can keep themselves safe and ask for help when bullied. (PSHCE)</li> </ul>



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		<ul style="list-style-type: none"> <li>• Pupils can describe how not to be a bystander when someone else is bullied.</li> <li>• Pupils can explain how to report bullying and support someone who has suffered unkindness. (PSHCE)</li> </ul>
<b>Making good boundaries</b>	<ul style="list-style-type: none"> <li>• Pupils can talk about how their bodies belong to them, are incredibly special and should be protected. (PSHCE, Big Talk Education)</li> <li>• Pupils can identify what is safe and unsafe touching. (PSHCE, Big Talk Education)</li> <li>• Pupils can describe why it is wrong to keep bad secrets and that people should not ask us to do that. (PSHCE, Big Talk Education)</li> <li>• Pupils will be able to explain how someone can tell a trusted adult if they feel unsafe. (PSHCE, Big Talk Education)</li> </ul>	<ul style="list-style-type: none"> <li>• Pupils can explain what right and wrong touching is and can show an understanding of what is appropriate behaviour in private and in public. (PSHCE, Big Talk Education)</li> <li>• Pupils can explain what a bad secret is like and how to get help. (PSHCE, Big Talk Education)</li> </ul>
<b>Parenting</b>	n/a	n/a
<b>Key theology</b>	<ul style="list-style-type: none"> <li>• Pupils can explain that most Christians believe that God loves people, that God has always loved them as an individual and always will.</li> </ul>	<ul style="list-style-type: none"> <li>• Pupils can explain Christian (and other faiths') beliefs in an eternal Love, that cannot be broken, that pre-existed the world and carries on after death.</li> </ul>



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	<ul style="list-style-type: none"><li>• Pupils can talk about why other people are special (and how Christians believe that they are created and loved by God).</li><li>• Pupils can talk about what the Christian belief in creation means for how people should value and protect themselves and treat other people.</li><li>• Pupils can give examples of people doing things that hurt others. They can talk about how humans often let themselves down.</li><li>• They can describe simply what the word forgiveness means and talk about fresh starts.</li><li>• Pupils can talk about why it is good to keep friends and the importance of sticking by people and supporting them unless they really hurt us.</li></ul>	<ul style="list-style-type: none"><li>• Pupils can link this to the Christian idea of the Trinity and explain what difference it will make to Christians' lives if they believe they have a relationship with this God of eternal love.</li><li>• Pupils can explain that Christians believe in the sacredness and worth of every person and can describe how that might affect how Christians regard and protect themselves and others.</li><li>• Pupils can explain the Christian belief in the Fall and talk about how all people can make mistakes and treat others badly.</li><li>• Pupils can explore the consequences of bad behaviour and explain the Christian ideas about repentance, forgiveness reconciliation and peace.</li><li>• Pupils can explain what faithfulness and commitment means to family, friends, relationships and members of their community. They can explain why faithfulness is important for building security, trust and happiness, and what behaviours might endanger faithfulness.</li></ul>
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